

# Patrick Wanis



**TEACHING & INSPIRING**

**people to perform  
at their very best**

**Australian Patrick Wanis** is a certified Hypnotherapist, Neuro-Linguistic Programming Practitioner and expert in communication, human behavior & personal development. He has authored "How to hypnotize anyone", "How to tap into the hidden powers of your mind" and is a featured expert on TV. Patrick presents his interactive, customized training programs in a fun, high-energy and educational manner. Participants actively involve themselves in the session, leaving with tools and principles to apply to their everyday life in business and at home. With sincerity, infectious enthusiasm and humor, Patrick continues to satisfy clients such as El Pason Energy, Exxon, Doubletree and Hilton Hotels.



**Productivity  
Profitability  
Results**

# Programs I

## **MANAGING YOUR EMOTIONS IN THE WORKPLACE**

Defining The mind-body-emotion connection  
Identifying personal "hot buttons", situations or people likely to ignite emotions  
Gaining control in emotional situations  
Understanding your own "Emotional Defense Style"  
Building new patterns of constructive interactions  
How to turn criticism into constructive feedback  
How to recover from mistakes and prepare for all emotional situations

## **PRACTICING PERSONAL ACCOUNTABILITY AND RESPONSIBILITY**

How to end blame, complaining and procrastination  
Establishing commitment, reliability & trustworthiness  
Ethics, honesty and integrity  
Responsibility versus blame  
Creating "action registers"  
Handling outside influences  
Elevating expectations and finding solutions

## **PREVENTING HARDENING OF THE ATTITUDES**

Identifying the Ten Twisted Forms of Thinking  
Identifying the only thing we have control over  
Guilt and the committee that controls you  
Reprogramming the Inner Chatterbox  
How to play and have fun -the power of laughter

**Patrick Wanis',** programs are customized and tailored according to the needs and goals of each group. Each program can be devised to run from 30 to 60 minutes or half or full day workshops.

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# Programs II



## **DIFFICULT PEOPLE**

How to deal with negative, angry & troublesome people on the job  
Identifying the various difficult personality types and the button pushers  
Forming plans of action, effective communication strategies  
How to stop people from pushing your buttons

## **WHAT WERE YOU THINKING?**

How your mind works, and what truly controls us  
The power of thoughts  
Reprogramming your mind & thoughts  
Raising your productivity and happiness  
Personality analysis and interpretation  
Self-concept, fears, passions and goals

## **THE ART OF PERSUASION & COMMUNICATION**

How we communicate  
Body language  
Effective praise & correction  
How to impress others and build rapport  
The Pain & Pleasure principle  
How to win confidence and trust of others  
Changing your attitudes & perception

## **HOW TO CONVERT STRESS INTO SUCCESS**

Defining Success  
Impacts of stress, The true stress test  
Stress & personality types  
The Worry Buster Technique  
Developing emotional intelligence  
Safely releasing emotions  
Assertiveness Vs Aggressiveness; Humor  
How to handle people who push your buttons

**"Thank you for making our Annual Worldwide Sales Meeting for 600 attendees in Orlando, the best ever!"**

**-Sharon Freitas McDonald Manager Corporate Events, UB Networks**

**"This was no easy group, they are all seasoned senior sales professionals who think they have seen and heard it all, and you proved they still have something to learn about themselves."**

**-Jeffrey S. Jones Regional Vice President, HelmsBriscoe**



# Testimonials



**Productivity  
Profitability  
Results**

**"People such as yourself who so willingly share their time and talents will always make a difference in lives of those they come in contact with."-Suzanne Kilgore, Custom Tailors & Designers Association**

**"Your delivery of the materials, and your interactive teaching style was outstanding."-Kimberly Cook, Pres. Houston Hospitality Human Res. Assoc.**

**"Your style is uplifting. Your presentation made this one of the best ever events for our group."-Mary Hayes, CHME**

**"Your interactive presentation is powerful because it lead our employees into taking steps toward positive change...Thank you for being so responsive and listening to our needs."-Gary Frees, HR Dir., Doubletree Hotel Allen Center TX**

**"Such a highly successful show, very informative and entertaining for our listeners."-Dr Keith Robertson –"America Talks Health" nationally syndicated radio show**

**"We found the session not only educational but entertaining, inspirational and challenging. We will be using you again."-Cathy Hill, American Productivity & Quality Center**

## PATRICK WANIS

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Patrick Wanis is an accomplished broadcaster, speaker, hypnotherapist and human behavior expert with extensive credits worldwide. His expertise includes communication, interpersonal relationships, body language, persuasion, and rapport building. His degrees include a *Bachelor of Science in Communication* and Associate Degrees in *Dramatic Arts (Media)* and *Speech, Script-Writing & Communication* from Australia, Associate Degrees in *Advanced Hypnotherapy* and *Neuro-Linguistic Programming (NLP)* from the World Institute of Cognitive Sciences, Pennsylvania. He is also a certified Personal Trainer. Wanis has appeared on radio and TV and has authored various books, publications and regular columns on human behavior, relationships, and the mind. He consults and presents custom programs for major corporations such as El Paso Energy, Exxon, Doubletree & Hilton hotels, Rinoval (Mexico and Canada), SuperClubs Bahamas, and Alpha Model Group.

Patrick Wanis began his career in Australia on stage, radio, and Television. He worked as Executive Producer of News/Talk Radio 3AK in Melbourne, and Political reporter for Tens News Television. In 1990, Wanis became the youngest talk show host in Australian history, and interviewed the Australian Prime Minister on numerous occasions both on radio and television. The Australian Journalists Association awarded Wanis the elite ranking of *A+++ Grade Journalist*.

By 1991, Wanis began to conquer new ground; he worked and traveled Africa, England, Spain, Mexico, the Caribbean, and the United States. He led and managed large diverse teams and created, directed, produced and performed hypnosis, dance, comedy-variety and musicals in both English and Spanish. In West Africa, Wanis studied the link between the belief in *Juju* spells and the behavior of various tribes. In 1992, he became the first white person to Hypnotize African pygmies. In 1993, the renowned European TV program, Canal Plus *24 Horas* featured Wanis for his show productions and performances. Apple Vacations and Thomsons Tours awarded Wanis *Best Entertainment -all hotels, Mexico, 1994 & 1995* for his many show productions including, *The Mask!* Allegro Resorts recognized Wanis' skills in management, leadership and show production: In 1994 and 1995, Allegro Resorts awarded Wanis *Best Entertainment*, and *Best Team* out of 26 properties. Wanis also achieved the *Highest Departmental Guest Satisfaction* out of 26 properties, averaging 98% guest satisfaction.

In 1995, Wanis began motivational training programs and workshops for Steiners Services, Carnival Cruises. His quest for challenge led him to the production of large-scale events including the *Clinton/Gore 96* campaign visit to Orlando and the *Blues Brothers 2000* for Daytona 500. He also began consulting to large corporations, such as Fox Television, Club Marival Mexico, SeaWorld and Busch Gardens. From 1998 to 2000, Wanis was a regular co-host and Hypnotherapist on *America Talks Health*, syndicated radio show.

Wanis continues to voluntarily coach children and teens in drama and emotional growth. In 2001, he hosted two TV talk shows *Teens on Terrorism* and in 2002, he hosted another TV special on September 11. Clients and corporations use Wanis' *Subconscious Personality Test* – a unique personality and behavioral analysis for productivity and results. Wanis has authored the Mini Mags, *How to hypnotize anyone*, *How to tap into the hidden powers of your mind*, and the books, *How to find happiness*, *What a woman wants*, and *How to get over it –breakups, betrayals and rejection*. His newest book, *The Art of Persuasion* will be released 2004.